

HIGHPROTEIN KUCHEN



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EATYOURCAKE



NÄHRWERTE



WEBSITE



NEW YORK CHEESECAKE

- #highprotein
- vegetarisch
- #glutenfrei

PRO STÜCK:

+ TOPPING

KCAL	198
FETT	3,5 G
KH	12,8 G
PROTEIN	26,7 G

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CARROT DREAM

- frische Karotten
- Kokosmehl
- Haferflocken
(optional #glutenfrei)

PRO STÜCK:

+ TOPPING

KCAL	188
FETT	4,9 G
KH	14 G
PROTEIN	17,9 G

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VEGAN BANANABREAD

- #lowfat
- frisches Gemüse
- Haferflocken
(optional #glutenfrei)

PRO STÜCK:

+ TOPPING

KCAL	215
FETT	7 G
KH	26 G
PROTEIN	9.4 G

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Allergene: Spuren von Gluten A, Soja F, Nüsse H/E



COCONUT KISS

- frische Zucchini
- Kokosmehl
- #glutenfrei

PRO STÜCK:

+ TOPPING

KCAL	167
FETT	5,3 G
KH	8 G
PROTEIN	18,5 G

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CHOCO FUDGE BROWNIES

- #nosugar Apfelmus
- #lowfat
- Haferflocken
(optional #glutenfrei)

PRO STÜCK:

+TOPPING

KCAL	239
FETT	5,8 G
KH	27,1 G
PROTEIN	16,4 G

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Allergene: Spuren von Gluten A, Eier C, Laktose G, Nüsse H



SWEET BLONDIE

- #nosugar Apfelmus
- #lowfat
- Haferflocken
(optional #glutenfrei)

PRO STÜCK:

+TOPPING

KCAL	227
FETT	5,8 G
KH	23,1 G
PROTEIN	16,4 G

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#EATYOURCUPCAKES

Allergene: Spuren von Gluten A, Eier C, Laktose G, Nüsse H



VEGAN FUDGE BROWNIES

- Zucchini & Banane
- #lowfat
- Haferflocken
(optional #glutenfrei)

PRO STÜCK:

+ TOPPING

KCAL	120
FETT	2.4 G
KH	16.2 G
PROTEIN	6.6 G

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#EATYOURCUPCAKES

Allergene: Spuren von Gluten A, Soja F, Nüsse H/E



VEGAN CHOCO COOKIE

- Erdnussmus
- Banane
- Haferflocken
(optional #glutenfrei)

PRO STÜCK:

+ TOPPING

KCAL	140
FETT	4G
KH	17G
PROTEIN	7,2G

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#EATYOURCUPCAKES

Allergene: Spuren von Gluten A, Soja F, Nüsse H/E



PUMPKIN PIE

- Hokkaidokürbis
- Nussmehl
- #glutenfrei

PRO STÜCK:

+ TOPPING

KCAL	278
FETT	14,4 G
KH	10 G
PROTEIN	20,8 G

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#EATYOURCUPCAKES

Allergene: Eier C, Laktose G, Nüsse H/E, Spuren von Gluten A

#HIGHPROTEIN KUCHEN



WIR SIND:



**LOW
FAT**



**LOW
CALORIE**



**HIGH
PROTEIN**



**NO ADDED
SUGAR**

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